



SCHOOL OF MANAGEMENT SCIENCES VARANASI

(An Autonomous College)

13th International Conference

on

Spirituality: A Tested Paradigm for Global Well-Being,
Sustainability and Digital Mindfulness

(14th-15th March, 2026)

Programme Schedule

Time:

11:00A.M. – 02:00 P.M.

Day - 1

Date: 14th March, 2026

Venue:-

Seminar Hall, SMS Campus

(Registration: Dr. Vishal Kumar Singh, 9:30AM onwards)

Inaugural Session

(Session Coordinator : Prof. Pallavi Pathak)

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| 11:00 AM -11:05 AM: | Lamp lighting and garlanding of the statue of Goddess Saraswati |
| 11:05 AM- 11:20 AM | Welcome Address by Prof. P. N. Jha , Conference Director |
| 11:20 AM- 11:25 AM: | Launch of the Conference Souvenir & Books |
| 11:25 AM- 12:00 Noon: | Address by Chief Guest, Prof. Ajit Kumar Chaturvedi , Hon'ble Vice Chancellor, Banaras Hindu University, Varanasi |
| 12:00 Noon- 12:40 PM: | Address by the Guest of Honour, Prof. Girishwar Mishra , Former Vice Chancellor, Mahatma Gandhi Antrarrashtriya Hindi Vishwavidyalay, Wardha, Maharashtra |
| 12:40 PM- 01:20 PM: | Address by Guest of Honour, Prof. Rajaram Shukla , Former Vice Chancellor, Sampurnanand Sanskrit University, Varanasi |
| 01:20 PM- 02:00 PM: | Address by Guest of Honour, Prof. Vikram Singh , Hon'ble Chancellor, Noida International University, Noida & Formerly Director General of Police (DGP) Uttar Pradesh |
| 02:00 PM- 02:10 PM: | Felicitation of the Guests by Conference Director |
| 02:10 PM- 02:15 PM: | Vote of Thanks by Prof. Amitabh Pandey , Conference Convener |

(Session Rapporteurs)

Dr. Anju Singh, Assistant Professor, SMS Varanasi
Ms. Pragya Singh, Assistant Professor, SMS Varanasi

Lunch Break: 2:15 P.M. – 3:00 P.M.

DAY ONE: 14th March, 2026

Technical Session- I (03:00 P.M. – 5:30 P.M.)

Venue: Seminar Hall

(Conducted by: Ms. Sripriya Roy Chowdhury, Assistant Professor, SMS Varanasi)

Session Chair : Prof. Amit Gautam, Institute of Management Studies, BHU, Varanasi

Session Chair : Dr. Kamal Sheel Mishra, Professor, SMS Varanasi

(Session Rapporteur: Dr. Anshuman Rana, Assistant Professor, SMS Varanasi)

Technical Session- II (03:00 P.M. – 05:30 P.M.)

Venue: Conference Hall

(Conducted by: Dr. Anjana Singh, Assistant Professor, SMS, Varanasi)

**Session Chair: Dr. Niva Bhandari, Chairperson – Indian Thought and Management
Centre of Excellence, MDI Gurgaon**

Session Chair: Dr. Avinash Chandra Supkar, Professor, SMS Varanasi

(Session Rapporteur: Dr. Abhinav Srivastava, Assistant Professor, SMS Varanasi)

Technical Session-III (03:00 P.M. – 5:30 P.M.)

Venue: LT#501

(Conducted by: Mr. Anurag Sahu , Assistant Professor, SMS, Varanasi)

Session Chair : Prof. R. Radha Krishna Pillai, Professor, IIM Kozhikode

Session Chair : Dr Sanjay Saxena, Professor, SMS Varanasi

(Session Rapporteur: Mr. Vipin Maurya, Assistant Professor, SMS Varanasi)

Technical Session-IV (03:00 P.M. – 5:30 P.M.)

Venue: LT#403

(Conducted by: Dr Mahendra Kumar Sharma, Assistant Professor, SMS, Varanasi)

Session Chair: Prof. Purnima Awasthi, Banaras Hindu University, Varanasi

**Session Chair: Dr. Ravinuthala Sesa Chalapathi, Associate Professor, ICFAI Business School,
ICFAI Foundation for Higher Education, Hyderabad**

(Session Rapporteur: Dr. Parul Singh, Assistant Professor, SMS Varanasi)

DAY TWO : 15th March , 2026

Plenary Session (10:30 A.M. – 11:30 A.M.)

Venue: Seminar Hall

(Conducted by: Dr. Bhavana Singh, Associate Professor, SMS, Varanasi)

10:30 AM – 11:10 AM - Keynote Address by **Mr. Sean Clarke, Spiritual Research**
Lead, Maharshi Adhyatma Vishwavidyalay
Editor, Spiritual Science Research Foundation, Goa, India

11:00 AM – 11:30 AM - Keynote Address by **Bodhi Shuddhaanandaa Brahmachari**
Spiritual Mentor & Founder, Lokenath Divine Life Mission
Dubai

Vote of thanks by **Dr. Avinash Chandra Supkar, Professor, SMS Varanasi**

(Session Rapporteur: Mr. Himanshu Upadhyay, Assistant Professor, SMS Varanasi)

Technical Session-V (11:30 A.M. – 01:45 P.M.)

Venue: Seminar Hall

(Conducted by: Dr. Khushboo Kumar, Assistant Professor, SMS Varanasi)

Session Chair: Rajyeshwari Ghosh, Founder at Quantum Holistic Advisory Services, Kolkata

Session Chair: Dr. Anuja Chouhan, Professor, Asian International University, Imphal

(Session Rapporteur: Dr. Shubham Gaurav, Assistant Professor, SMS Varanasi)

Technical Session VI - (11:30 A.M. – 01:45 P.M.)

Venue: Conference Hall

(Conducted by: Dr. Abhinav Srivastava, Assistant Professor, SMS Varanasi)

**Session Chair: Mr. Dinesh Kumar, Asst. General Manager (HRM) & Zonal HR Head,
Bank of Baroda, Baroda**

Session Chair : Dr. Raj Kumar Singh, Professor, SMS Varanasi

(Session Rapporteur: Dr. Anjaneer Kumar Rai, Assistant Professor, SMS Varanasi)

Technical Session VII - (11:30 A.M. – 1:45 P.M.)

Venue: LT#501

(Conducted by: Dr. Palima Pandey, Assistant Professor, SMS Varanasi)

Session Chair: Dr. Sanjeev Kumar, Professor, Vasanta College for Women, Varanasi

Session Chair: Dr. Neha Karnik, Associate Professor, ATLAS Skilltech University, Mumbai

(Session Rapporteur: Dr. Asmita Khanna, Assistant Professor, SMS Varanasi)

Technical Session VIII - (11:30 A.M. – 1:45 P.M.)

Venue: LT#403

(Conducted by: Dr. Sofia Khan, Assistant Professor, SMS Varanasi)

**Session Chair: VDMV Lakshmi, Associate Professor, ICFAI Business School, ICFAI Foundation for
Higher Education, Hyderabad**

**Session Chair : Prof. Bhabhani Shankar Padhy, Associate Professor, Sanskithi
School of Business, Puttaparthi**

(Session Rapporteur: Dr. Surbhi Soni, Assistant Professor, SMS Varanasi)

Technical Session IX - (11:30 A.M. – 1:45 P.M.)

Venue: LT#401

(Conducted by: Dr. Tejas Yaduvanshi, Assistant Professor, SMS Varanasi)

Session Chair:

Session Chair: Dr. Pallavi Pathak, Professor, SMS Varanasi

Session Chair: Dr. Chandra Shekhar Singh, Associate Professor, SMS Varanasi

(Session Rapporteur: Ms. Jyoti Singh, Assistant Professor, SMS Varanasi)

Lunch Break 1:45 P.M. - 2:30 P.M.

Technical Session X - (02:30 P.M. – 04:00 P.M.)

Venue: Seminar Hall

(Conducted by: Dr. Shruti Singh, Assistant Professor, SMS Varanasi)

Session Chair: Prof. Sandeep Singh, Professor, SMS Varanasi

Session Chair : Dr. Smiju I.S , Cochin University

(Session Rapporteur: Mr. Chandra Prakash Agarwal, Assistant Professor, SMS Varanasi)

Technical Session XI - (02:30 P.M. – 04:00 P.M.)

Venue: Conference Hall

(Conducted by: Dr. Ragi T S , Assistant Professor, SMS Varanasi)

Session Chair: Dr. Pradeep Kumar, Professor, JC Bose University of Science & Technology,

YMCA Faridabad

Session Chair: Dr. Shrikumar M, Christ University, Bangalore

(Session Rapporteur: Dr. Tejas Yaduvanshi, Assistant Professor, SMS, Varanasi)

Technical Session XII - (02:30 P.M. – 04:00 P.M.)

Venue: LT# 403

(Conducted by : Dr. Anju Singh , Assistant Professor, SMS Varanasi)

Session Chair: Dr. Munish Vashishth, Professor, JC Bose University

of Science & Technology, YMCA Faridabad

Session Chair : Dr. Deepali Patwadkar, Visiting Faculty, MIT, WPU, Pune

(Session Rapporteur: Mr. Sushil Kumar, Assistant Professor, SMS Varanasi)

Technical Session XIII - (02:30 P.M. – 04:00 P.M.)

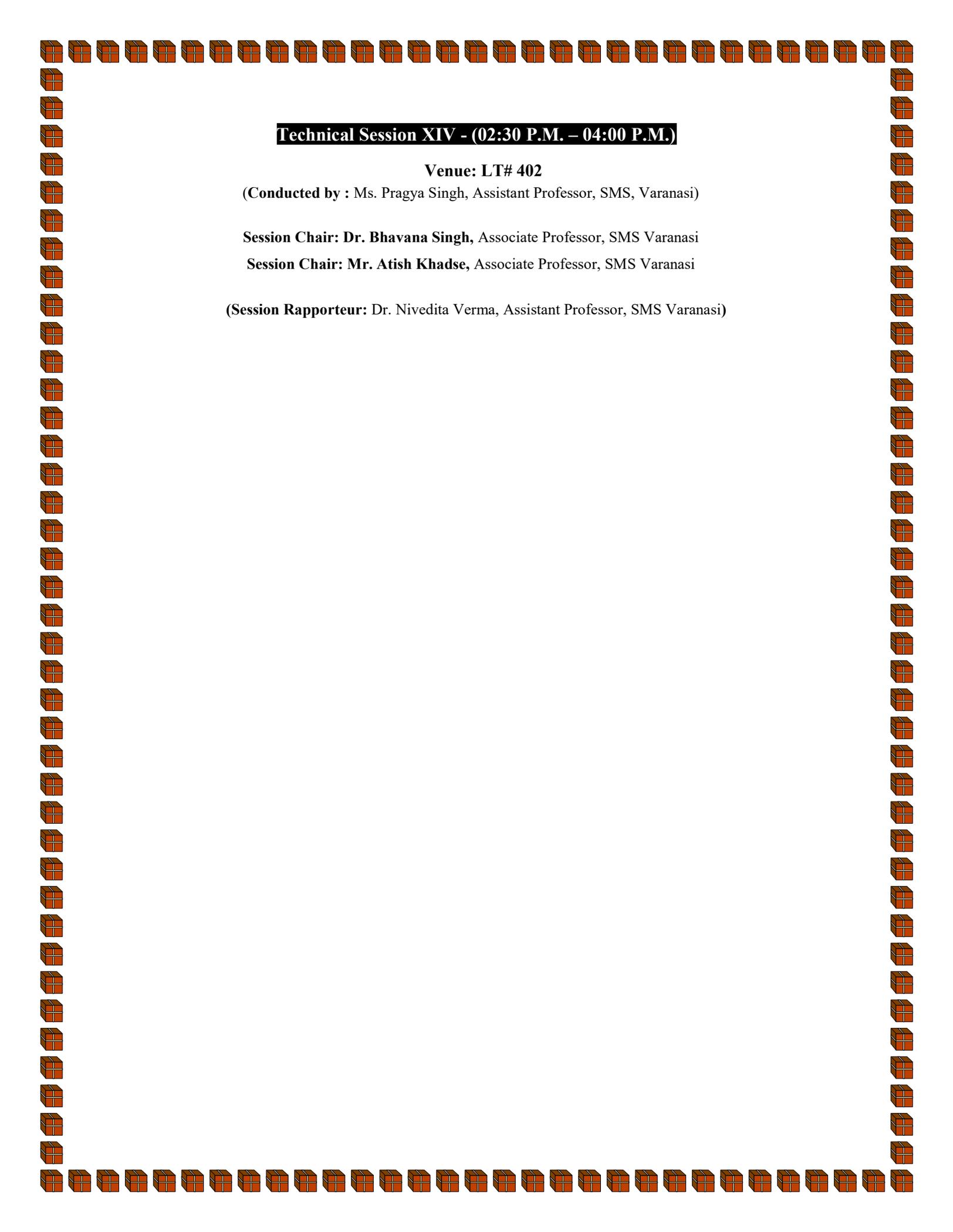
Venue: LT# 401

(Conducted by : Dr. Parul Singh, Assistant Professor, SMS, Varanasi)

Session Chair: Mr. Ram Gopal Gupta, Professor, SMS Varanasi

Session Chair: Dr. Ishan Tripathi, Assistant Professor, SMS Varanasi

(Session Rapporteur: Dr. Rohit Singh, Assistant Professor, SMS Varanasi)



Technical Session XIV - (02:30 P.M. – 04:00 P.M.)

Venue: LT# 402

(Conducted by : Ms. Pragya Singh, Assistant Professor, SMS, Varanasi)

Session Chair: Dr. Bhavana Singh, Associate Professor, SMS Varanasi

Session Chair: Mr. Atish Khadse, Associate Professor, SMS Varanasi

(Session Rapporteur: Dr. Nivedita Verma, Assistant Professor, SMS Varanasi)